



**Juniper Hill Ladies
Golf Club**
www.jhlgc.org

Juniper Hill Ladies Golf Club

July 14, 2014

If there is one thing I have learned during my years as a professional, it is that the only thing constant about golf is its inconstancy. ~ *Jack Nicklaus*



July Birthdays: Lori Scottow – 2nd; Vicky Nicholas – 5th; Sara Wilding – 9th; Judy Halasak – 10th; Cami Montgomery – 14th; Tonya Courtney – 17th; Becky Ebert & Sarah Crouch – 18th; Audie Rodgers – 30th.

Question: Hole #8 pin location was on the front right of the green. (What were they thinking! Argh!!!) Connie and Pam got their 3rd shots on the green but it was a wicked downhill putt. Pam barely, and I mean barely, touched her ball and it rolled past the hole and by some miracle stopped about 3 feet below the hole. Pam QUICKLY marked her ball and when she went to replace her ball, her ball would not stay and kept rolling back down the hill. What options, if any, did Pam have?

Answer on page 2.



July 19-20 – Mixed Member/Member. This tournament is comprised of 2-person teams (pick your own MALE partner) and includes four different 9-hole formats over two days. The 4 segments are 2-person scramble, true alternate shot, best ball and combined net. If you don't have a partner and would like to play, be sure to let them know in the pro shop.



Wednesday Winners –29 ladies played on 7/9/14

1st Flight: 1st LG: Michele Brown; 2nd LG, Natalie Highley; 1st LN, Susan Goins (SCP); 2nd LN, Norma Wigglesworth

2nd Flight: 1st LG, Nina Sue Rice; 2nd LG, Barbara Terrell; 1st LN, Dusty Nelson; 2nd LN, Anne Hilan

3rd Flight: 1st LG Mary Rhodes; 2nd LG, Carol Wiard; 1st LN, Carol Payton (SCP); 2nd LN, Donna Grimes (SCP)

Low Putts: Nina Sue Rice (28)

Chip-ins: Dusty Nelson, Barbara Booze, Anne Hilan & Rose Tomlinson

Late Swingers -75 ladies played on 7/10/14

Division 1

1st FLIGHT: 1st LG: Cheri Stivers; 2nd LG: Lesa Hodge (SCP); 1st LN: Natalie Britton (SCP); 2nd LN: Brenda Shipp (SCP)

2nd FLIGHT: 1st LG: Cami Montgomery (SCP); 2nd LG: Natalie Highley; 1st LN: Patty Conway; 2nd LN: Shirley Rodgers (SCP)

3rd FLIGHT: 1st LG: Emily Stevens; 2nd LG: Susan Spoonamore (SCP); 1st LN: Carol Payton (SCP); 2nd LN: Cathy Kays

Division 2

1st FLIGHT: 1st LG: Andrea Keatley (SCP); 2nd LG: Lori Elder; 1st LN: Jill LeMaster; 2nd LN: Frankie Stallard

2nd FLIGHT: 1st LG: MacKenzie Cunningham; 2nd LG: Tammy McMichael; 1st LN: Ruth Hinkle; 2nd LN: Donna Greer

Golf 101: 1st: Emilie Hill; Leitha Harris (SCP); Lori Scottow

Chip-ins: Patty Conway, Becky Ebert & Donna Greer
Teresa Prather had an **EAGLE** on #11

Upcoming Events

July 16 - **Wednesday Morning Ladies Day League** - meet @ 8, shotgun @ 8:30; **Make Your Own Foursome**

July 17 – **Late Swingers League - Division 1 – front; Division 2 – back; Golf 101 – back.**

July 19-20 – **Mixed Member/Member**

Sept. 13-14 – **Ladies Club Championship**

There is a \$5 entry fee for all regular JHLGC tournaments and a \$10 entry fee for the Ladies Club Championship & Match Play. Need more info? Call Aggie Hampton @330-3095 or hampton12@aol.com; or Connie Page @ 682-1084 or rpage@fewpb.net.

Wednesday League Administrator – Michele Brown, 219-0562, michele.brown@fewpb.net

Thursday League Administrator – Becky Ebert, 803-1661, becb12003@yahoo.com

Newsletter/Website – Teresa Prather, 229-0804, thprather46@hotmail.com

JHLGC Website: www.jhlgc.org



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How Far Do You Hit Your Irons?

www.golfgurls.com

This simple test was devised by Paul Wilson, Creator of Swing Machine Golf. (*Paul Wilson Golf School*)

Find a time when no one is on the golf course - probably late afternoon or early evening, and take 10 golf balls with you. Walk out to a spot about 100 yards from the hole and choose the iron in your bag that you think you hit about 100 yards. Then, using that iron (say it's a 7 iron) hit all 10 balls.

When you're finished, you'll probably find that some of your balls are in front of the green, some on the green, and perhaps even one or two are over the green. Wherever they have landed, go to the ball nearest you and pace off the distance between that ball and the ball you hit furthest away. You can then judge that your average distance hitting that particular iron will be the middle distance between those two points.

For example, if your closest shot landed 80 yards and was short of the green and your furthest shot landed 110 yards away and was over, you can be pretty certain that your 7 iron shot would generally reach 90 yards.

By the way, be sure to choose a distance from the green that is appropriate for your game. If you usually hit your 5 iron 150 yards, start at that spot to test.

Repeat this process with all the irons you want to test.

Ladies needed to serve as officers for the [Late Swingers League](#). Positions available are: League Administrator & co-chair, League Night Chair & co-chair, Special Events Chair & co-chair, Golf 101 Chair & co-chair. To find a list of the duties for each go to: <http://www.jhlgc.org/late-swingers-league/late-swingers-bylaws/> If interested, please contact Becky Ebert or Karen Pilcher.

Golf Swing Myth, <http://golftips.golfsmith.com/common-golf-swing-myths>

Swing Harder, Hit Farther

Who wouldn't want to hit the ball as far as Masters champion Bubba Watson or LPGA star Michelle Wie? It just seems logical that the harder you swing, the farther the ball will go.

Not true.

When the average amateur swings harder, he loses his rhythm and, therefore, his swing speed. To create distance, you must get the club head traveling faster -- called "swing speed." And you won't increase your swing speed by swinging harder with your body.

As Hank Haney, Tiger Woods' former coach, says in his book "What Every Golfer Wants": "The speed of your swing is vital to producing distance. Most people swing the club too slow. Most people hit hard, not fast."

Long hitters make it look easy because they have developed good tempo, which allows them to remain balanced and use their body efficiently.

"There's a difference between hitting hard with your body and hitting fast with your hands," Haney says in his book. When your body is in sync, the club head will travel faster. You'll have more clubhead speed and the ball will go farther. If you swing harder, you'll lose the clubhead lag and your speed will drop significantly. Think of the old locker-room trick of snapping a towel. You don't swing the towel as hard as you can to make it snap. You time the snap -- or "release" in golf terms -- so the towel is moving at maximum speed when it snaps.

Wednesday Ladies Day League is having an "away play" at Weissenger Hills Golf Course in Shelbyville, **Monday, July 21**. If you're not a member of the league, you may play as a guest. Cost to play is \$25, if you play and stay for lunch the cost is \$32. Shotgun start at 8:30. **You must sign up in advance!** POC is Carol Payton.

Answer: You get two chances to replace the ball. If it rolls away both times, you must place it at the nearest spot, no closer to the hole, where it will stay put. You may not place it in a hazard if it wasn't in a hazard in the first place [Rule 20-3d]. If the ball was in a hazard, you must place it in the hazard at the nearest spot no closer to the hole where it will remain at rest.

DON'T FORGET – Be good to our course; replace divots, rake bunkers and repair ball marks.