



Juniper Hill Ladies Golf Club

September 8, 2014

Juniper Hill Ladies
Golf Club
www.jhlgc.org

A man who can putt is a match for anyone.
- Willie Park



September Birthdays: Mary Yeager – 2nd; Becky Myers – 5th; Jill LeMaster – 6th; Mary Ann Jennings & Gina Vaile-Nelson – 7th; Mary Rhodes – 8th; Julie Ryan & Christine McGaughey – 9th; Carol Catlett – 12th; Melinda Holbert, Aggie Hampton – 20th; Terry Wilson – 21st; Debbie Slattery – 22nd; Reagan Toothaker – 23rd; Carol Wiard – 25th; Elizabeth Coleman – 26th.

Question: Melanie and Denise were playing hole #16. As everyone knows, out of bounds goes down the left side of the fairway. Melanie hits her ball and it lands next to one the out of bounds stakes. The ball is in bounds but Melanie doesn't have a swing. She decides to remove the stake and hit her ball. She then replaces the stake and moves on with her round. Did she proceed correctly? What is the ruling? **Answer** on page 2.

Wednesday Winners –44 ladies played on 9/3/14

1st Flight: 1st LG: Charlotte Nelson; 2nd LG: Denise Wentz;

1st LN: Charlotte Pyles; 2nd LN: Shirley Rodgers

2nd Flight: 1st LG: Shirley Wilhoite; 2nd LG: Audie Rodgers;

1st LN: Rose Caudle (SCP); 2nd LN: Barbara Terrell

3rd Flight: 1st LG: Helen Hawkins; 2nd LG: Sue Wood;

1st LN: Nina Sue Rice (SCP); 2nd LN: Glenda Wardrip

4th Flight: 1st LG: Donna Grimes; 2nd LG: Carol Wiard;

1st LN, Rose Tomlinson; 2nd LN, PJ Johnson

Low Putts: Charlotte Nelson & Barbara Terrell (27)

Chip-ins: Barbara Terrell, Mary Rhodes, Susan Goins, Charlotte Pyles & Sue Wood (from 70 yards out on #15) You go girl!

Late Swingers -60 ladies played on 9/2/14

Division 1

1st FLIGHT: 1st LG: Connie Wiard (SCP); 2nd LG: Teresa Prather;

1st LN: Becky Ebert; 2nd LN: Barbara Reynolds

2nd FLIGHT: 1st LG: Teresa Coleman; 2nd LG: Michele Brown (SCP);

1st LN: Karen Pilcher; 2nd LN: Vicky Nicholas

3rd FLIGHT: 1st LG: Susan Spoonamore; 2nd LG: Dusty Nelson;

1st LN: Esther Wilhoyte; 2nd LN: Carol Payton

Division 2

1st FLIGHT: 1st LG: Tammy McMichael; 2nd LG: Sharon Edwards;

1st LN: Lori Elder; 2nd LN: Ruth Hinkle

2nd FLIGHT: 1st LG: Camille Dean; 2nd LG: Gina Vaile-Nelson;

1st LN: Donna Greer; 2nd LN: Karen Jones

Golf 101: 1st: Leitha Harris, 2nd: Eva Slusher; 3rd: Jordan Harris

Chip-ins: Barbara Reynolds, Jill LeMaster, Ruth Hinkle



2014 Ladies Club Championship - September 13-14. Flights for all skill levels are available and ladies will be playing with other ladies in the same handicap range. Prizes and gift certificates will be awarded in each flight. Lunch will be provided after play on Sunday. The Golf 101 ladies will have their own flight, playing from shortened tees, 9 holes each day. The entry fee is \$10, plus applicable cart and green fees. Forms are available in the pro shop or can be found on our web page: www.jhlgc.org. For more information, contact Aggie Hampton or Connie Page.

DEADLINE FOR ENTERING – Thursday, September 11 @ 6 pm!

Upcoming Events

Sept. 10 - **Wednesday Morning Ladies Day League** - meet @ 8:30, shotgun @ 9:00; ABCD.

Sept. 11 – **Late Swingers - Division 1 – front; Division 2 – back; Golf 101 – back.**

Sept. 13-14 – **Ladies Club Championship**

Sept. 27 – **Juniper Cup**

October 4 – **Haunting on the Hill**

October 18 – **JHLGC “Swing FORE a Cure” Breast Cancer Scramble**

There is a \$5 entry fee for all regular JHLGC tournaments and a \$10 entry fee for the Ladies Club Championship & Match Play.

Need more info? Call Aggie Hampton @330-3095 or hampton12@aol.com; or Connie Page @ 682-1084 or rpage@fewpb.net.

“Swing FORE a Cure”



Wednesday League Administrator – Michele Brown, 219-0562, michele.brown@fewpb.net

Thursday League Administrator – Becky Ebert, 803-1661, becb12003@yahoo.com

Newsletter/Website – Teresa Prather, 229-0804, thprather46@hotmail.com

JHLGC Website: www.jhlgc.org



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FEEL THE WEIGHT OF YOUR PUTTER HEAD DRILL

www.lpga.com By Sue Powers – 2013 LPGA National Teacher of the Year

Here's how it works: Set up in your normal putting position (photo #1). Raise your putter about one inch above the ground (photo #2). Start swinging your putter back and forth in a continuous motion with your shoulders and with no wrist hinge (photo #3). As you are swinging your putter back and forth, notice if you feel the handle of your putter or the weight of your putter head. If you feel the handle, you have too much grip pressure in your hands. Continue to lighten your grip pressure until you feel the weight of the putter head and not the handle of the putter. (photo #4) Continue swinging your putter back and forth while feeling the weight of your putter head. Now close your eyes and continue to feel the weight of your putter head.

With your eyes closed, tighten your grip pressure and notice what happens to your swinging motion and your club. Did you feel your



stroke slow down or stop? Did your smooth, pendulum motion change? Did you feel the handle more than the weight of your putter head? Did you feel your fingers squeezing your putter handle?

Continue to swing your putter back and forth as you gradually loosen your grip pressure so you again feel the weight of the putter head. Notice the changes in your swinging motion, tempo and body as tighten and loosen your grip pressure during this practice drill.

How do you take this drill to the course with you so you can feel the proper grip pressure for your most successful stroke? As part of your pre-shot routine for putting, make one or two practice swings with your only goal being to feel the weight of your putter head and not your putter handle during your practice strokes. Maintain this same pressure during your "real" putting stroke. Maintaining the same pressure will allow you feel the weight of your putter head throughout your entire putting stroke. Putting is the most individualized area in golf ...be yourself, believe, feel the weight of your putter head and you WILL get the ball in the hole in fewer strokes!



MARK YOUR CALENDARS!

"Swing FORE a Cure"

Golf Scramble

Saturday, October 18.

Rain date is Sunday, October 19.

Proceeds to benefit KY CancerLink and ALL money raised will stay in Franklin County.

To learn more about KY CancerLink visit

<http://kycancerlink.org>.

More information coming soon!

Ladies needed to serve as officers for the [Late Swingers League](http://www.jhlgc.org/late-swingers-league/). Positions available are: League Administrator & co-chair, League Night Chair & co-chair, Special Events Chair & co-chair, Golf 101 Chair & co-chair. To find a list of the duties for each go to: <http://www.jhlgc.org/late-swingers-league/late-swingers-bylaws/> If you are interested, please contact Becky Ebert or Karen Pilcher.

LATE SWINGERS: We are now taking donations for Brad (our beer stud). Let's show Brad our appreciation for serving us all those delicious libations all summer long. You can leave your donations at the sign-in table on Thursday .



Answer: Out-of-bounds stakes are "fixed." This means that if the stake interferes with your stance or swing, there is no free relief. If you cannot hit a ball lying near an out-of-bounds stake, you must declare it unplayable and proceed under one of the relief options in Rule 28 (Ball Unplayable). Never attempt to remove these stakes – it is not permitted.

Stakes defining or identifying water hazards, on the other hand, are defined as "obstructions." If they are movable, you may remove them, regardless of where your ball lies. If they are immovable, then you are entitled to free relief for your stance and swing if your ball is not in the hazard. There is no relief from an immovable obstruction for a ball that lies in a water hazard.

DON'T FORGET – Be good to our course; replace divots, rake bunkers and repair ball marks.