



# The Tee Box Times

July 16, 2015

Juniper Hill Ladies  
Golf Club  
www.jhlgc.org

## Perfecting the pace of play

By Rob Weizer  
Tahoe Donner Head Golf Pro

Unfortunately, almost three million golfers quit the game every year, and it's safe to say that slow play and the time it takes to play are the leading culprits. In reality, it takes about an hour to play 18 holes of golf. The other three to four hours is logistical positioning - getting to the next shots, picking the right club. It's a classic problem: the slowest group dictates the pace of play for everyone. Groups that get out of position - especially early in the day - can affect many groups after it.

A golf course has to provide feedback to slow golfers. Having a marshall or player's assistant is the most inexpensive and efficient way to do that, by identifying groups that fall behind and providing help to catch up, or encouraging the group to skip holes if needed.

Here are some tips for speeding up slow play on the golf course:

Choose the correct set of tees from which to play.

Members of a group should not travel as a pack, with all members walking together to the first ball, then the second ball, and so on. Go directly to your ball and be ready to play when it's your turn.

When two members are riding in a golf cart, drive to the first ball and drop off the first player with his or her choice of clubs. The second player should proceed in the cart to his or her ball. After the first player hits, he or she should begin walking toward the cart as the second player is playing.

Use the time you spend getting to your ball to think about your next shot - yardage, club selection, elements, etc. When you reach your ball you'll need less time to figure out the shot.

If you're unsure whether or not your ball has come to rest in a hazard or is out of bounds, immediately hit a provisional ball so that you won't have to return to the spot to replay the shot. If you're playing a fun match with, shall we say, a "loose interpretation" of the rules, then simply drop a new ball somewhere around the area where your ball was

lost and keep playing, taking a penalty of course.

If you're following the rules, you won't be using any mulligans. But if you are, limit them to no more than one mulligan per nine, and never hit a mulligan if players behind you are waiting.

Begin reading the green and lining up putts as soon as you reach the green. Don't wait until it's your turn to putt. Read the green as soon as you reach it so that when it's your turn you can step right up and putt.

If using a cart on a cart-path-only day, take more than one club with you when you walk from the cart to your ball. Getting to the ball only to find out you don't have the right club is a huge time waster on the golf course.

On the tee, pay attention to your partners' drives. If they lose sight of their ball, you can help direct them to it to avoid a lengthy search.

Leave your cell phone in the car!



## Weekly Scorecard

### Wednesday League Rained Out .... Again



### Thursday League Out of 52 ladies in play ....

#### DIV 1-

1F: Low Gross 1- Teresa Prather; 2LG- Kim Wooldridge; Low Net 1- Megan Woodson; 2LN- Teresa Coleman  
2F: 1LG- Natalie Thomas; 2LG- Susan Spoonamore; 1LN-Esther Wilhoite; 2LN-Susan Rodgers

#### DIV 2-

1F: 1LG- Jill LeMaster; 2LG- Andrea Keatley; 1LN- Becky Myers (SCP); 2LN- Shelby Smith  
2F: 1LG- Lee Ann May; 2LG- Gina Vaile-Nelson; 1LN- Karen Jones; 2LN- Fran Terhune

Golf 102- 1st: Shawna Hill

#### Golf 101

1F: 1LG- Robin Cotten; 2LG- Dottie Crocker

No Chip Ins

## Juniper Cup Standings

Fifty Shades of Green - 1090; Bunker Babes (Black) - 1050; Grateful Red - 925; Summertime Blues - 915; Pink - 905; Purple People Eaters- 875; Yellow - 820



**Juniper Hill Ladies  
Golf Club**  
www.jhlgc.org

The Juniper Hill Wednesday Ladies Golf League was established in the late 50s. Our goal is to promote competitive 18-hole play for ladies with an established USGA Handicap and to promote friendship and camaraderie. We have various formats of play each week and Match Play in the month of July. We participate in various tournaments sponsored by the Juniper Hill Ladies Golf Club. We also sponsor an invitational tournament, "The Juniper" which draws the best women golfers in Kentucky, Indiana and Southern Ohio.

The Late Swingers Ladies League was established in 1980 to promote and support women's golf in and around Frankfort. The league's goal was, and is, to have fun while playing golf.

The officers for both leagues 2015 season are listed below. If you would like to serve on any of their committees, please contact one of them:

#### Wednesday League

**CHAIR:** Aggie Hampton ..... 502.330.3095  
hampton12@aol.com

**VICE CHAIR:** Ruth Hinkle  
**SECRETARY:** Susan Goins  
**TREASURER:** Mary Rhodes

#### Late Swingers League

**CHAIR:** Lesa Hodge ..... 502.319.5593  
lesakhodge@gmail.com

**Co-CHAIR:** Allison Harrod ..... 502.330.4148  
crystalharrod@yahoo.com

**LEAGUE NIGHT CHAIR:** Ruth Hinkle ..... 502.321.8998  
hink5910@bellsouth.net

**SPECIAL EVENTS CHAIR:** Debbie Wash..... 502.320.1417  
debbie.wash@fewpb.net

**GOLF 101 CHAIR:** Michele Brown ..... 502.219.0562  
michele.brown@fewpb.net

**TOURNAMENT CHAIR:** Donna McNeil ..... 502.330.0015  
dmcneil0324@gmail.com

**NEWSLETTER:** Gina Vaile-Nelson ..... 502.773.1754  
ginavn@gmail.com

**Pro Shop** ..... 502.875.8559

## Upcoming Events

### Thursday July 16

DIV 1: Front  
DIV 2/101: Back



## Tarzan & Jane Invitational

July 17-18, 2015

**July 17<sup>th</sup>** – optional practice round, shotgun start at 1:00, includes specialty prizes, dinner, and Calcutta after play

**July 18<sup>th</sup>** – tournament play, shotgun start at 8:30, lunch and awards at conclusion of play

**Team** consisting of 1 male/1 female

**Format:** holes 1 through 9 – combined stroke play  
holes 10 through 18 – best ball

**Handicaps** limited to 36 for women and 24 for men.

**Awards** given by flight, depending on number of teams, as follows:  
1<sup>st</sup> low gross; 1<sup>st</sup> through 3<sup>rd</sup> low net

**Purpose:** to benefit and promote golf for women of all ages in Frankfort and the Franklin County area.

**Team Entry Fee:** \$80/team + applicable course fees (non-refundable)

**Deadline:** Wednesday, July 15, 2015

**Limited** to first 60 teams



### Friday August 1-2

Each is comprised of 2-person teams and includes 4 different 9-hole formats over 2 days. Mixed member/member is 1 male and 1 female playing as a team. The 4 formats are: 2-person scramble, true alternate shot, best ball and combined net. Handicap limit is 40 for this event. If you want to play but you don't have a partner, please let them know in the pro shop or contact Lesa Hodge, Aggie Hampton or Donna McNeil.

Do you have an event, photo or information you want shared in the newsletter? Please e-mail Gina Vaile-Nelson at ginavn@gmail.com!

## Buzz that bee? Can you say Penalty?

### JHLGC Situation #5

Audie and Sherry were playing in the mixed member event and Sherry's partners' second shot on Hole #9 drifted right and landed on the practice putting green. Audie's partner said that since the ball was out of play, the player would need to hit another ball from the spot where the previous stroke was made. Sherry's partner said the ball must be played as it lies. Audie and Sherry disagreed and said that relief must be taken, it was free relief, and that the ball must be dropped within one club-length of the nearest point of relief off the putting green. Who was correct?

### Ruling

Audie and Sherry were correct. A "wrong putting green" is any putting green other than that of the hole being played, and unless otherwise specified by the Committee, includes a practice putting green or pitching green on the course. Interference occurs when a ball is on the wrong putting green—interference to a player's stance or area of intended swing is not considered interference under this rule. Relief must be taken and the ball dropped within one club-length of the nearest point of relief with no penalty. (Definition of "Wrong Putting Green"; Rule 25-3)

## The Juniper 24<sup>th</sup> Annual



## Invitational

Wednesday Aug. 19, 2015

Entry Forms available July 8th, or download online  
<http://www.jhlgc.org/the-juniper/>

Shirley Rodgers - srodders120@gmail.com  
Karen Liebman - kjliebman512@gmail.com

## Happy July Birthday

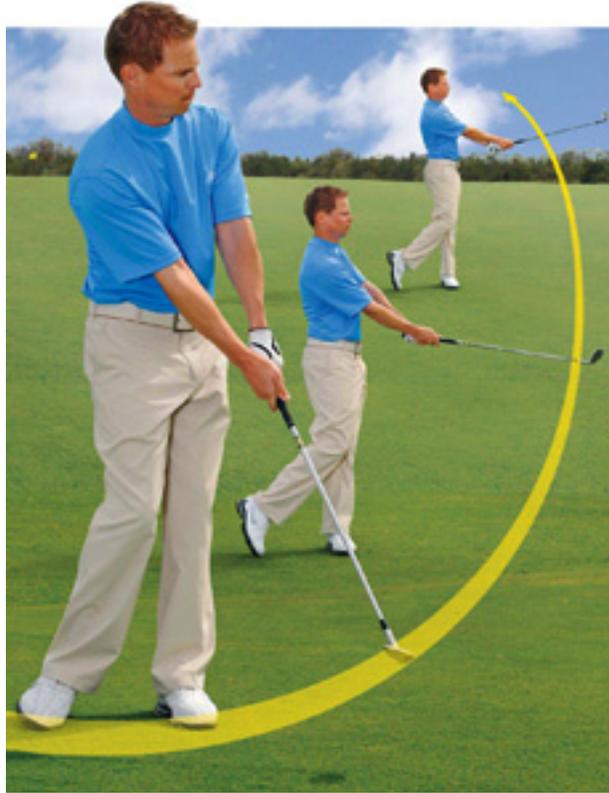
Lori Scottow (2); Vicky Nicholas (5);  
Judy Halasek (10); Cami  
Montgomery (14); Becky  
Ebert (18); Taylor  
Cammack  
(21); Meribeth  
Gaines (29);  
Audie Rodgers  
(30); Dale Bryant  
(31)



# Breaking 100/90/80

By Jason Guss, Ron Kaspriske  
www.golfdigest.com, Sept. 2008

Part 1 of three to improve your score



**E**ven when I explain to my students that roughly 65 percent of their shots are within 60-yards of the green, they'd rather stand on the range and hit drivers.

Truth is, you can break 100, 90, or even 80 without grinding for hours practicing full shots.

While you still need to practice with longer clubs, the basics of chipping and pitching can also hone an effective full swing.

No matter whether I am chipping, pitching or hitting a longer shot, the only difference in the follow-through is how much my body and club have rotated.

Essentially, your short game is the foundation for your full swing.

## Breaking 100

***Chipping setup equals full-swing impact.***

Want to know how tour pros pure their irons? Get in your chipping setup like I'm doing: 80 percent of your weight on your front foot; your hands leaning the shaft forward; your back foot rolled in with the heel just off the ground; your shoulders in line with the target and your hips slightly open.

This chipping setup is very similar to the position a tour pro reaches at impact with a proper full swing. The only difference between the chipping position and full-swing impact is the spine tilt. The spine on a full swing is leaning slightly back at the impact because of the wider stance and bigger weight shift toward the target.

***Keep your eyes level to hit the ball solid***

Another similarity between the chipping setup and full-swing impact is eye alignment. In both cases, the eyes should be horizontal to the ground. If your left eye is higher than your right, it will encourage you to keep your weight on your back foot as you swing down, which will cause your swing arc to bottom out behind the ball, and you'll hit it fat or thin. Level eyes give you the best chance to put the bottom of the swing just ahead of the ball, resulting in solid impact.

than usual to ensure better approach shots. This will also help you to make a controlled and balanced swing to prevent slipping.

