

The Teebox Times



Week 17, Aug. 21-25, 2017

Juniper Invitational Results

Shirley Rodgers
Juniper Chair

Congratulations to Susan Rodgers who won \$213.00 in the 50/50 pot at the Juniper Invitational! It was a beautiful day for golf and here are your winners (Juniper Winners in PURPLE):



CHAMPIONSHIP

Gross: 1- Cynthia Powell (75);
2- Kelsey Lewis (79); 3- Teresa Prather (85)

Net: 1- Aggie Hampton (67); 2- Connie Wiard (68); Natalie Britton (73)

Longest Drive: Kelsey Lewis (#12)

Closest to the Pin: Mona Burns (#10)

FIRST FLIGHT

Gross: 1- Teresa Davis (86); 2- Marcia Gauding (91 - SCP); 3- Nola Reeder (91-SCP)

Net: 1- Debbie Wash (73-SCP); 2- Darby Hunter (73) 3- Jean Vickers (75-SCP)

Longest Drive: Kelsey Lewis (#1)

Closest to the Pin: Mona Burns (#3)

SECOND FLIGHT

Gross: 1- Marggie Sebastian (89);
2- Brenda Wilson (93); 3- Raegena Regets (96)

Net: 1- Terry Tracey (70); 2- Lori Deniston (75) 3- Norma Darnell (78)

Longest Drive: Marggie Sebastian (#16)

Closest to the Pin: Terry Tracey (#17)

THIRD FLIGHT

Gross: 1- Carol Ferguson (93); 1- Ailyne McGary (93) (89); 2- Brenda

Wilson (93-SCP); 3- Mary Crump (94)

Net: 1- Joana Strange (70-SCP); 2- Michele Brown (72- SCP); 3- Robin Moore (72-SCP)

Longest Drive: Melinda Flynn (#3)

Closest to the Pin: Ailyne McGary (#9)

FOURTH FLIGHT

Gross: 1- Lisa Brewer (94); Billie Robinson (97); Billie Lee (99)

Net: 1- Charlotte Pyles (70);
2- Shirley Rodgers (73- SCP); 3- Tammy McMichael (73)

Longest Drive: Kathy Branham (#4)

Closest to the Pin: Billie Lee (#6)

FIFTH FLIGHT

Gross: 1- Tara Clark (96); 2- Cathy Kays (99-SCP); Lisa Goins (105)

Net: 1- Susan Rodgers (66); 2- Barbara Terrell (70); 3- LaVerne Cox (73)

Longest Drive: Lisa Goins (#10)

Closest to the Pin: Susan Rodgers (#16)

Getting out of a rut

Alex M.
www.shipsticks.com

Call it what you want — funk, slump, cold streak — sometimes you just flat out can't play golf. And it happens to everyone.

Even professionals go entire months where they fall off the map, though they're still pretty good even when they're bad. For the rest of us, slumps happen much more often than we'd like and unlike pros, weren't not so good when they happen.

However, as frustrating as they may be, they're natural and 9 times out of 10, the source of the problem comes from that 6 inch space between your ears. So next time you find yourself in a funk, use some of the tips below. They'll help get you out of it.

Take a Few Days Off

Though it may seem counterproductive, the absolute best thing you can do when you find yourself in a funk is to put the clubs in your garage and take a few days off. Don't swing, don't putt, just do something else.

The reason you're having problems in the first place is probably because you don't know what you're doing wrong and if you just hit hundreds of balls without knowing what you're doing, chances are, it's only going to make things worse.

Bottom line, everyone needs a break from time to time, especially if you're playing a lot. So sit back, relax and spend the weekend playing something else. You'll be surprised at what it can do for your game.

Stop Practicing and Just Play

If you're one of those players who just can't seem to put the clubs down for a few days, there are other things you can do. Sometimes hitting more range balls isn't good. Unless you know what to work on, you're just going to screw up your swing even more.

So instead of doing that, grab some friends, go out and play a nice leisurely round. Sometimes getting a good competitive match going can take your mind off your swing enough to get you back in the groove.

- read more at www.shipsticks.com/blog/golf-funk



Juniper Hill Ladies Golf Club

www.jhlgc.org

The Juniper Hill Wednesday Ladies Golf League was established in the late 50s. Our goal is to promote competitive 18-hole play for ladies with an established USGA Handicap and to promote friendship and camaraderie. We have various formats of play each week and Match Play in the month of July. We participate in various tournaments sponsored by the Juniper Hill Ladies Golf Club. We also sponsor an invitational tournament, "The Juniper" which draws the best women golfers in Kentucky, Indiana and Southern Ohio.

The Late Swingers Ladies League was established in 1980 to promote and support women's golf in and around Frankfort. The league's goal was, and is, to have fun while playing golf.

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Wednesday League

CHAIR: Ruth Hinkle 502.321.8998
VICE CHAIR: Michele Brown 502.219.0562
SECRETARY: Carol Payton
TREASURER: PJ Johnson 502.875.9578

Late Swingers League

CHAIR: LeeAnn May 502.545.6938
LEAGUE NIGHT CHAIR: Jenny Bannister 502.545.1599
SPECIAL EVENTS CHAIR: Donna McNeil 502.330.0015
GOLF 101 CHAIR: Aggie Hampton & Connie Wiard
TREASURER: Jill Lancaster 502.229.4391

Happy August Birthday

Merri Lee Warren (4); Trinta Cox (6); Denise Wentz (8); Connie Wiard (14); Pauline Carr-Johnson (16); Pam Rhodes (16); Cindy McDonald (19); Carla Cornett (21); Sue Wood (25)



Community Events

Phi Beta Psi Scramble

Phi Beta Psi is a national organization devoted to funding cancer research grants nationwide, including recipients from the University of Kentucky and the University of Louisville.

Frankfort's local chapter, Eta Alpha, has been active as a volunteer organization for over 50 years. We raise money to fund cancer research with the goal of finding treatments, and ultimately a cure, for all types of cancer. While monies received by Phi Beta Psi are used primarily for cancer research grants, we also aid local cancer patients and their families.



Since 1996, our Chapter has raised over \$159,000 for cancer research, the Franklin County American Cancer Society and to assist cancer patients in our local area!

We welcome you to participate in this important fundraising event by playing in the 36th Annual Golf Scramble at Juniper Hills Golf Course on September 22, 2017. Registration is \$55.00 per person however you can take advantage of our "Early Bird Special" and save \$5.00 by registering by September 15th. Please make checks payable to Phi Beta Psi and send your registration form to:

Karen Mixson
1145 Richliev Lane
Frankfort KY 40601

- or -
Melanie Bitzer
1040 Mudlick Rd.
Lawrenceburg KY 40342

Weekly Scorecards

Wednesday League

Out of 33 ladies in play on August 9:

1F: Low Gross 1- Connie Goins; 2LG- Aggie Hampton; Low Net 1- Billie Robinson; 2LN- Cheryl Copley
2F: 1LG- Charlotte Pyles; 2LG- Shirely Wilhoite; 1LN- Elizabeth Coleman; 2LN- Lisa Goins
3F: 1LG- Jill Lancaster; 2LG- Jennifer Opsata; 1LN- Wanda Booth; 2LN- Nina Sue Rice
4F: 1- Rose Tomlinson

Low Putts: Lisa Goins (30)

Chip Ins: Trina Rhoads (#7); Jennifer Opsata (#12); Wanda Booth (#15)

Thursday League

Out of 51 ladies in play on August 10:

D1-1F: Low Gross 1- Tara Purvis; 2LG- Emilie Hill; Low Net 1- Natalie Britton; 2LN- Aggie Hampton (SCP)
2F: 1LG- Debbie Wash; 2LG- Barbara Reynolds; 1LN- Christine McGaughey; 2LN- Karen Pilcher
D2- 1F: 1LG- Madison Elder (SCP); 2LG- Tara Clark; 1LN- Donna Grimes; 2LN- LeeAnn May
2F: 1LG- Mary Ann Jennings; 2LG- Karen Jones; 1LN- Rebecca Parrish; 2LN- Wanda Booth
Golf 101: 1- Alicia Boyd

Wednesday League

Out of 0 ladies in play on August 14:



Thursday League

Out of 52 ladies in play on August 17:

D1-1F: Low Gross 1- Aggie Hampton; 2LG-Donna McNeil; Low Net 1- Brenda Shipp; 2LN- Natalie Britton
2F: 1LG- Natalie Thomas; 2LG- Megan Woodson (SCP); 1LN- Carol Ferguson; 2LN- Linda Moore
3F: 1LG- Susan Goins; 2LG- Tammy McMichael (SCP); 1LN- Christine McGaughey; 2LN- Audie Rodgers (SCP)
D2- 1F: 1LG- Carol Payton; 2LG- Madison Elder; 1LN- Melinda Holbert; 2LN- Sharon Edwards
2F: 1LG- Jill Lancaster (SCP); 2LG- Jill LeMaster; 1LN- Pauline Carr-Johnson; 2LN- Carla Tillett
Golf 101: 1- Hunter Kinnaman

Chip Ins: Sharon Edwards (#5); Susan Goins (#11); Aggie Hampton (#18)

LEADERS

PRIOR	HOLE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	LIVE	VIDEO	FAV
	PAR	4	5	4	3	4	3	4	5	4	4	4	3	5	4	5	3	4	4			

Race for the Cup

YELLOW (Bunker Babes): 3945 points

ORANGE (Orange Crush): 3722.50 points

GREEN (Gang Green): 3712.50 points

BLUE (Blue Birdie Bombers): 3205 points

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RADIO: OFF AIR POP OUT

I can't play THAT

Lisa Goins
PGA Rules Queen

I can't play that shot...

There may come a time when you find your ball in such a position that you feel you can't play it. This could be because the ball is lodged in a tree and you don't have a ladder, or the ball is buried in the lip of a bunker, or so close to an out of bounds fence that you can't get a club on it. Or it could simply be because you don't feel like playing a shot from where you ball lies. In any case, you may deem your ball to be unplayable anywhere on the course, except in a water hazard.

You the player are the sole judge as to whether your ball is unplayable. This means that your fellow competitors (or even a rules official) do not have to agree with you and you do not need their approval. If you deem your ball to be unplayable, Rule 28 offers three options to you under penalty of one stroke (you are allowed to substitute a ball when proceeding under this rule):

- Play a ball from the place where the last stroke was made. This is called proceeding under "stroke and distance." If your last stroke was made from the teeing ground, you may tee the ball up anywhere within the teeing ground. If your last stroke was made through the green, you must drop a ball as near as possible to the spot. If your last stroke was made from the putting green, a ball must be placed at the spot on the green from where you last putted.
- Drop a ball, keeping the spot where your ball lay unplayable between you and the flagstick. There is no limit on how far back you can go on this line, unless your ball lay in a bunker, in which case you must remain in the bunker.
- Drop a ball within 2 club lengths of the spot where your ball lay unplayable, no closer to the hole. Again, if your ball is in a bunker, you must remain in the bunker.

Remember, you are the only one who can deem your ball unplayable. This could be for any number of reasons and it is your decision. Also, remember that you are allowed under the rules to proceed under stroke and distance at any time, whether or not you deem your ball to be unplayable.

Knowing your options under the rules will help you make better decisions on the course, and hopefully lower your scores!

IT'S NOT HARD TO KEEP YOUR BALL IN THE FAIRWAY...AS LONG AS YOU'RE NOT PICKY ABOUT WHICH FAIRWAY.



Classifieds

Do you have some gently used golf equipment, clothing or decor that you'd like to sell? If so, this is the place for you. E-mail ginavn@gmail.com to put in your FREE classified ad.

